



Employee Assistance Program (EAP)

Willowstone Family Services has served the community for more than 50 years. Their mission is to strengthen individuals and families across the lifespan. One of the ways they do this is to provide counseling services with eight Masters' Level therapists on staff for the treatment of mental health issues for our community.

Counseling Services at Willowstone provides therapy for children from 3 through 18 years old, adults, couples, and families in the treatment of clinical depression, anxiety, bipolar disorder, PTSD, substance abuse, parenting and behavioral issues, OCD, divorce adjustment, grief, domestic violence, childhood sexual abuse, and other mental health issues. Their excellent level of care for struggling clients provides interventions to help them heal so that they can continue as productive, happy members of society. Willowstone is also able to provide employees parenting education and support to assist you in providing the best possible family life and your children's success and happiness.

Indiana Department of Health has designated Tippecanoe County as a Mental Health Provider shortage area. This means that all of the area's mental health providers are struggling to meet the needs of people in our county, resulting in high costs and waiting lists to receive counseling.

Counseling is effective in keeping mental health problems from growing into bigger problems, but often people fail to seek assistance. Because the City of West Lafayette values your health and service, we contract with Willowstone to reduce the wait for our employees who need counseling appointments. Employees may receive up to eight confidential counseling sessions per year. If you feel you need help with dealing with any mental health issues due to stressors, anxiety, life changes, crises, trauma, or just feel the need to talk with someone, please do not hesitate to reach out to your supervisor to get started with Willowstone today.

