

PERSONNEL COMMITTEE REPORT

February 2016

Health Promotion Committee

Heart disease and stroke cause 1 in 3 deaths among women each year, killing approximately one woman every 80 seconds. The Health Promotion Committee dedicated February to the promotion of American Heart Month. Employees participated in **National Wear Red Day®** on February 5 by participating in a Chili Cook-Off. Fourteen employees shared their best heart-healthy chili dishes with a large group of fellow co-workers. Prizes were awarded to the 1st, 2nd, and 3rd most popular chili cooks. Angi Goodwin from the American Heart Association and Karen Bullard of the Heart/Women's Center at Franciscan St. Elizabeth Health were featured speakers. Educational materials were also provided to increase overall awareness about cardiovascular health.

Employment Milestones

The City of West Lafayette would like to express its appreciation to Lieutenant Jeffrey Richards for having obtained 25 years of service with the Fire Department.

Retirement

Congratulations to Jeffery Holder who retired as Assistant Chief of the Fire Department on February 26. Jeff had an exceptional career serving the citizens of West Lafayette for nearly 38 years.