

Exhibit A – 2016
Request for Funding from the City of West Lafayette

MENTAL HEALTH AMERICA OF TIPPECANOE COUNTY, INC.

Mission:

“Achieving better mental health in Tippecanoe County.”

Objectives of the Planning Document:

This document details the ongoing free and confidential crisis intervention services that are provided by Mental Health America of Tippecanoe County, Inc. (MHA). These services are provided to and for the citizens of the City of West Lafayette, Indiana.

All services listed below are free and confidential, and provided by screened and trained volunteer associates who are supervised by professional staff.

Operational Plan

Program Activities:

- 1) Crisis Intervention. Suicide Prevention.
 - Walk-in crisis intervention services. MHA Community Building, 914 South Street, Lafayette. Monday through Friday, 8:00AM to 5:00PM.
 - Telephone crisis intervention services. 24 hours a day / seven days a week. Includes:
 - Crisis Line. 765-742-0244. Anyone.
 - Teen Line. 765-423-1872. Adolescents.
 - All phone calls placed from a 765 area code to one of the agencies listed below, are forwarded to the MHA Crisis Center:
 - National Suicide Prevention Lifeline:
1-800-SUICIDE
1-800-273-TALK
 - Purdue Help Line
 - Rape Abuse Incest National Network
 - Veterans’ Hotline
- 2) Information and Referral Services
 - Walk-in. MHA Community Building, 914 South Street, Lafayette. Monday through Friday, 8:00AM to 5:00PM.
 - Telephone information and referral services. 24 hours a day / seven day a week.
- 3) Rape Survivor Advocacy Program
 - Rape survivor advocacy. 24 hours a day / seven day a week. Advocates help survivors of sexual assault via phone, in person at the MHA, at the hospital, police stations, and/or courthouse.
 - Crisis Line. 765-742-0244. Anyone who has been sexually assaulted may request an advocate.
 - All individuals entering Franciscan St. Elizabeth Hospital’s Center of Hope are asked if they would like an advocate. The hospital then contacts MHA for a rape survivor advocate.
- 4) Support Groups
 - “Women Who’ve Been There.” For women 18 years of age or older who have survived rape or sexual assault. Meets the second Wednesday of each month at 7:00PM at the MHA Community Building, 914 South Street, Lafayette.

- “Survivors of Suicide (SOS).” For those who have lost a loved one through suicide. Meets the third Monday of each month at 7:00PM at the MHA Community Building, 914 South Street, Lafayette.
 - “Depression and Anxiety Support Group.” For adults who are experiencing depression and/or anxiety. Meets the first and third Wednesday of each month at 6:00 PM at the MHA Community Building, 914 South Street, Lafayette.
 - “Bipolar Disorder Support Group.” For adults who are experiencing bipolar disorder. Meets the first and third Wednesday of each month at 6:00 PM at the MHA Community Building, 914 South Street, Lafayette.
- 5) Community Services Database.
- Free, online directory of local human services. Directory is available online or through the MHA office.
- 6) Speaker Squad.
- Presentations provided on suicide prevention, rape recovery and prevention, active listening skills, volunteer opportunities, etc.
- 8) Community Disaster Intervention
- Respond as part of Community Mental Health Disaster Team and the Community Organizations Active in Disaster of West Central Indiana.